

Avon Tennis**May 2026****Newsletter****Follow us on socials**

This Newsletter is sent to the Club Main Contact of Avon Tennis Clubs.

Please ensure this is distributed across your tennis club community. If you can't see images, please right click if asked to do so in the pop up box. We hope the new email system is working and this newsletter reaches you.

A NOTE FROM AVON TENNIS

Introducing Matt Rogers – Our New Competitions Lead

I'm delighted to introduce myself as the new Avon Tennis Competition Lead — a brand-new role focused on growing and strengthening competition opportunities for players of all ages and abilities across the county.

I'll be overseeing Avon's existing competitions, including the Avon League, National League, Spring Tournament and County Closed Championships, while also supporting the growth of Padel competition. Alongside this, I'll be working with clubs and venues to develop more accessible, enjoyable and inclusive competition opportunities, including more informal junior events and increasing the number of organisers and referees.

Tennis has been a huge part of my life for many years. I'm currently Head Coach at Clevedon Lawn Tennis Club — where I first picked up a racket — and have coached for more than 25 years across Avon and Hampshire. I still compete regularly in local and national leagues and have also worked as a referee at a range of tournaments and events.

Having experienced tennis from so many different perspectives — player, coach, parent, organiser, captain and referee — I feel incredibly passionate about helping competition continue to thrive across Avon, from grassroots participation right through to performance level.



I'd love to hear from anyone with ideas, suggestions or questions about tennis competition in Avon.
Please feel free to get in touch:

Please contact Matt by clicking this link

CLUBS & VENUES

Avon Tennis Small Grant Scheme

Need a little boost of funding to run something small at your club/venue, like an open day or new activity? Click on the link below and get the form filled in.

Grant form

Avon Tennis Case Studies

Throughout Avon, numerous best practices can be found that are perfect for replication. Click the button below to see case study information that could help inspire and shape ideas and plans for your club/venue.

Case Studies

Avon Summer League

Click the links below to see the leagues and fixtures.

2 fixtures completed - how are your teams and clubs shaping up so far this year?

Womens League

Men's League

EVENTS/COMPETITIONS

NW PADEL TOURNAMENTS

June and July 2026

Saturday 20th June
Rocket Padel Bristol Grade 5
Mens and Womens Doubles
Mixed Doubles
Closing Date 13th June 10am



Saturday 18th July
Rocket Padel Bristol Grade 4
Mens and Womens Doubles
Mens and Womens Doubles 40+
Boys and Girls 14U
Entries open on 2nd June
Entries Close on 8th July at 10am



Grade 5 acceptances by date entered
Grade 3 and 4 acceptances by Padel Ranking

Enter Now by using the QR Code
Any questions please contact Nic Webber
nwtennis@yahoo.com - 07818 047642

NW TENNIS TOURNAMENTS

May, June, and July 2026

Friday 29th May - Biddestone Tennis Club (near Chippenham)
Grade 5 - 18U Boys and Girls Singles - Hard Courts
Closing Date 25th May 10am

Saturday 30th May - Chippenham Tennis Club
Grade 5 - 8U and 9U Boys and Girls Singles - Hard Courts
Closing Date 25th May 10am

Sunday 7th June - Cheltenham Ladies College
Grade 4 - Girls 12U and 16U Singles - Hard Courts
Grade 6 (players new to competition) - 12U-18U Girls and Boys Singles
Closing date 26th May 10am for Grade 4 - 31st May 10am for Grade 6

Saturday 13th June - Thornbury Tennis Club
Grade 4 - 9U Boys and Girls Singles - Hard Courts
Closing Date 2nd June 10am

Sunday 14th June - Lansdown Tennis Club
Grade 4 18U Boys Singles - Clay Courts
Closing Date 2nd June 10am

Saturday 4th July - Cam and Dursley Tennis Club
Grade 5 16U Boys and Girls Singles - Hard Courts
Closing Date 29th June 10am

Sunday 5th July - Marshfield Tennis Club
Grade 4 11U Boys and Girls Singles - Hard Courts
Closing Date 23rd June 10am

Enter Now at <https://competitions.lta.org.uk/tournaments>
Any questions please contact Nic Webber
nwtennis@yahoo.com - 07818 047642

Tennis Parents Community

Live online Q&A Event - Fuelling Junior Tennis Players

Sun 7th June, 7pm - A live Q&A for tennis parents with Kate & Fran, registered Sports & Public Health Nutritionists who work with elite young athletes, parents & coaches in academies, sports clubs & schools. They also have teenage athletes of their own & will bring their own lived experience as sports parents. Sign up below to find out what's best for an on court boost, how to fuel before & after a match, which drinks are best for them & a lot more!

Register Here

COACHES

TENNIS CPD COURSES
LEARN. GROW. INSPIRE.

High-quality, practical CPD courses for tennis coaches who want to keep learning, stay current and elevate their coaching.

- PRactical KNOWLEDGE that you can use straight away
- WORLD-CLASS CONTENT from industry leaders
- GROW YOUR SKILLS and boost your impact
- LEARN ONLINE ANYTIME ANYWHERE

EXPLORE OUR TENNIS CPD COURSES

GREAT GROUP COACHING #3: 30+ DRILLS AND GAMES TO END YOUR LESSON £50	PRINCIPLES OF DOUBLES 1: FUNDAMENTALS £50	IMPROVE PLAYERS FASTER WITH 4 LEARNING STRATEGIES £50
HOW TO COACH THE PERSON AND NOT THE DISABILITY £50	RALLY AT RED £50	COACHING FEMALE PLAYERS: FROM PHYSIQUE TO TECHNIQUE £50
HOW TO DELIVER CARDIO TENNIS £50	PHYSICAL, TACTICAL, AND TECHNICAL TOOLS FOR COACHING FEMALE Padel £100	WHEELCHAIR TENNIS £25

INVEST IN YOURSELF. INSPIRE OTHERS.

EXPLORE ALL COURSES TODAY!
WDC.ROCKETPADEL.COM/CPD-COURSES

STAY CURRENT. COACH BETTER. MAKE A DIFFERENCE.

LEVEL UP YOUR COACHING

Rocket Padel Workforce Development Centre

LTA-accredited CPD courses for Tennis & Padel Coaches

Learn. Develop. Inspire

Rocket Padel

JUNIOR PERFORMANCE



**LTA 10U COUNTY
CUP FINALS**

**6th & 7th JUNE
GIRLS TEAM**

**1 ARTEMIS
2 CARA
3 HOLLY
4 LOLA
5 ETTY
6 LOIS**

CAPTAINS ALI & PETE



**LTA 11U COUNTY
CUP**

13th & 14th JUNE

GIRLS - EAST DORSET

**BOYS - NORTH
OXFORD**

GOOD LUCK TEAMS!



OPEN COURT

Walking Sports Festival

Come and be part of our inaugural event and try 3 sports all in one place. Click [here](#) to book your place.

WALKING SPORTS FESTIVAL

FREE TASTER SESSION

TRY THESE WALKING SPORTS

TENNIS
NETBALL
RUGBY



- ✓ Friendly & Supportive environment
- ✓ qualified coaches and volunteers
- ✓ FREE



SUNDAY 31 MAY 2026 1-3PM

REDMAIDS HIGH SCHOOL BS9 3AW

SCAN TO
BOOK YOUR
FREE PLACE



or click here for more info

<https://www.avontennis.org.uk/news/bristol-walkfest-walking-sports-festival/>

EDI

Her Contact Point

11 delegates from Avon attended **Her Contact Point SW**, a regional female coach networking event supported by Rocket Padel and the LTA South West team.

The event explored the challenges faced by female tennis coaches, with LTA research highlighting barriers to belonging and the importance of visible female role models in coaching. **Jo Ward, LTA Head of Education & Qualification Pathways**, shared thought-provoking insights during an interview led by Lesley Crocker of South Devon Tennis Centre.

More than 40 female coaches also took part in breakout discussions focused on creating meaningful change within the profession and balancing coaching careers alongside other responsibilities.

Watch this space for more Her Contact Point events in the future.

SAFEGUARDING

LTA Safe to Play Annual Safeguarding Conference 2026

The Conference to take place online virtually on Saturday 3rd October 2026 between 9am and 3.30pm. **Everyone who attends will receive one year extension on their safeguarding training and coaches and officials will be rewarded with four credit points.**

Get the date in your diary - it's one not to miss.

Click here for more info and to sign up

New Sport Welfare Club Bursary

Wesport are pleased to announce the launch of our **new Sport Welfare Club Bursary**, a joint initiative between our Sport Welfare and Place & Communities work.

NGB-affiliated clubs in areas of highest deprivation across the West of England could receive **up to £400 in support** to improve their proactive safeguarding and welfare offer.

Clubs can submit an expression of interest until the **deadline on 3rd June**.

Further information can be found on our website here: <https://www.wesport.org.uk/news/wesport-new-welfare-club-support/>

PADEL

1,000,000 padel players in Britain

Padel is one of the fastest growing sports in Britain, with new figures released this month by the LTA showing that there are now **1,000,000 adults and juniors** playing padel across the country at **1825 courts** across **551 venues**.

Read More Here



IMPORTANT DATES

* **31 May - Walking Sports Festival, Redmaids High School for Girls, 1 - 3pm. Open to all ages 18+**

* **6/7 June - 10U Girls County Cup Finals - Oxstalls**

* **13/14 June - 11U County Cups - Boys (N. Oxford) and 11U Girls (Poole)**

* 20/21 June - PYWTW 18U Doubles Finals - Sodbury Tennis Club

* 27/28 June - PYWTW 14U Singles Finals - Kings Tennis Club

AVON TENNIS TIP OF THE MONTH

5 STEPS TO LEVEL UP YOUR FOREHAND

Click here
for the video
tip from
Patrick
Mouratoglou

Avon Tennis

Coombe Dingle Sports Centre, Bristol
United Kingdom

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[Sorry to see you go.](#)

